

Health promotion strategy template

Key Strategy Areas (as per Ottawa Charter)	Outputs Activities Who's responsible for this activity? Proposed timeframe	Outputs Participation	Outcomes Short - term	Outcomes Medium-term	Outcomes Long-term (aligned to BOBF/NYS)	How will I know that this outcome has been achieved?
Developing Personal Skills						
Policy Development	Policy Sub committee Y.W team BOM & P.L.	Develop specific Sexual Health Policy to guide agencies work	*Build clarity and confidence in workers around sexual health. *Clarify organisations positions.	*Workers knowledge and skill increased. *Workers feel more confident in delivery. *Young people knowledge improved *Young people better placed to make informed decisions	(BOBF) Aim 1.1 Are Physically healthy and make positive health choices.	1 Policy complete.
	Policy Sub committee Y.W team, BOM & P.L.	Develop specific Drug Awareness Policy to guide agencies work	*Build clarity and confidence in workers around sexual health.	*Workers knowledge and skill increased.	(BOBF) Aim 1.1 Are Physically healthy and make positive health choices.	1 Policy complete.

Strengthening Community Action Creating Supportive Environments			*Clarify organisations positions.	*Workers feel more confident in delivery. *Young people knowledge improved *Young people better placed to make informed decisions		
	P.L, H.P.W,	Co-ordinate mental health community area needs assessment	*Meet with Youth reach co-ordinators, School principals, SCP co-ordinators, youth service managers, FAST to carry out needs assessment	*Source funding for teen counselling service in Finglas	1.2 good mental health	Needs assessment carried out Action plan put in place Teen counselling in place
<ul style="list-style-type: none"> • Creating Supportive Environments • Reorienting Health Services 	P.L, H.P.W, G.M	Development of youth information hub / Service. A space that will include access to computers and printers, information on health issues and	*A space where young people can access information with or without the support of a youth worker. *A space where staff can meet with	*Young people can access information through their own initiative do not need to access a programme	.	Physical space created. Resources available on a range of topics relevant to young people

		educational resources.	young people for additional support. *Young people will know that this is a space they can access and use			
Creating Supportive Environments		My rights project Work with all groups to develop a bill of rights for young people with in the centre and display in the centre for all young people to see.	*Young people will develop rights that meet there needs *Young people will now what their rights our and what their responsibilities are when access the service		1.2 good mental health 5.1 Sense of own identity, free from discrimination	
Creating Supportive Environments	P.L. team	Team development space as part of timetable.	*Improved moral *Better and closer working relations	*More productive team.	Outcome 5 connected, respected and contributing to the world	Team Development on staff timetables as a regular fixture
Creating Supportive Environments Reorienting Health Services	Team	Trauma Recovery Model (TRM) to underpin the work of the FYRC to help young people engage with interventions and deal with their pasts.	*Staff will have a greater understanding of Trauma and its impact on the behaviour of young people. *Staff will be better placed to support young people with	*Cross community approach will see opportunity for all services working with young people to be trained in the model	Outcome 5 connected, respected and contributing to the world	Staff receive training in TRM FYRC to work with LDTF to secure funding for training which will be open to all services working with young people.

			attachment & trauma difficulties. *Put in place trauma specific interventions			
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